

Midwest Edition

Serving
The Retired
Military
Communities
of Illinois,
Iowa,
Michigan,
Minnesota
& Wisconsin















RETIREMENT ★ SER_VICES ★ NEWSLETTER

HONORS August 2003

Burial and Memorial Benefits

Military retirees, their spouses and minor children are eligible for burial in national cemeteries. There is no charge for the opening and the closing of graves of perpetual care in a national cemetery. A government headstone or marker is also provided at no cost. Recent legislation (December 2001) includes a provision that allows the Department of Veterans Affairs (VA) to furnish an appropriate headstone or marker for graves of eligible veterans buried in private cemeteries, whose deaths occur

after September 11, 2001, regardless of whether the grave is already marked with a non-government marker. Arrangement and expenses, such as obtaining the services of a funeral director, purchasing a casket, transportation to the funeral parlor, etc., are the responsibility of the next of kin, or deceased's estate.

No special forms are required when requesting burial in a national cemetery. The person making burial arrangements should have their funeral director contact the national cemetery in which



burial is desired at the time of need. Gravesites cannot be reserved in a national cemetery. Families are encouraged to prepare in advance by discussing cemetery options, collecting the veteran's military information including discharge papers, and by contacting the cemetery where burial is desired. Scheduling can be done seven days a week for interments on Mondays through Fridays.

The same procedures are followed if the veteran's eligible spouse or dependent predeceases the veteran. In most cases, one gravesite is

provided for the burial of all eligible family members and a single headstone or marker is provided. When both spouses are veterans, two gravesites and two headstones or markers may be provided upon request.

To confirm your eligibility for burial benefits, please call a **Veteran's Benefits Counselor** at **1-800-827-1000**. You can obtain additional information by visiting their website at **www.cem.va.gov** or contacting your **County Veteran Service Officer**.

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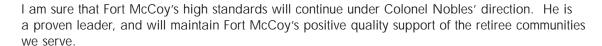
Office Of The Commander

Dear Retiree/Survivor:

I'd like to take this opportunity to express my sincere appreciation for the sacrifices that you and your loved ones have made, and continue to make in support of our Great Nation. Retirees are an exceptionally special group of veterans who have dedicated their careers to guaranteeing and ensuring our freedom. Like the retirees — family members are also deserving of recognition, for without their continued support the accomplishments of the military would not be possible.

As this newsletter goes to the printer, Fort McCoy is in transition and planning for a change of command. In June of this year I will relinquish Command of Fort McCoy to my replacement and my friend, Colonel Danny G. Nobles. Although I approached this time with enthusiasm I will truly miss the fine folks at Fort McCoy. The staff is without fail one of the most professional, dedicated and caring groups of people I have ever had the pleasure to work with. I look forward to the future and certainly appreciate my experiences at Fort McCoy.

Colonel Nobles brings a wealth of knowledge and experience with him. His military service started in 1974 as an enlisted man in the U.S. Air Force. In 1978 he received a commission into the U.S. Army Corps of Engineers following graduation from Officer Candidate School. Since 1978 he has had an assortment of assignments. In 1999, Colonel Nobles was selected as the first USAR officer to serve as the Deputy Garrison Commander of an Active Army installation when he was assigned as the Deputy Garrison Commander, Ill Corps and Fort Hood, Texas. After graduating from the U.S. Army War College in 2001, he was assigned to his previous duty as Joint Engineer Plans Officer, on the Joint Staff.



Your Retirement Services Officer (RSO), Bill Walters, is dedicated to ensuring the retired community receives tremendous support. Bill has been your RSO since 2000 and has made significant improvements to the program. If you have any questions, please contact Bill at 1-800-452-0923 or via email at william.walters@emh2.mccoy.army.mil.

FORT McCOY - TOTAL FORCE TRAINING CENTER.

P.S. HOOAH! Thanks for letting me share your foxhole.

Sincerely,

Michael R. Staszak Colonel, U. S. Army Commanding Officer



Col. Michael R. Staszak

DEPARTMENT OF THE ARMY
HEADQUARTERS FORT McCOY
2187 SOUTH J STREET
FORT McCOY, WISCONSIN 54656-515



Letter From Editor:

The 2002 edition of "Honors" was well received. I have received numerous positive comments and some very good suggestions for this the 2003 edition. Although I cannot possibly address each individual issue, I have attempted to include information in this year's edition on those most often mentioned. I welcome your comments so please continue to let me know what type of information you feel needs to be addressed in this newsletter. Thanks for your time and I hope you find this newsletter both informational and enjoyable.

Thank you for the opportunity to serve as your Retirement Services Officer. I hope you enjoy this 2003 edition.

Bill Walters, Editor Retirement Services Officer Ft. McCoy, WI 54656

Newsletter and Other Information Available on the Internet.

This newsletter is an **annual** publication published each July. It is distributed to all Army retirees in receipt of retired pay, gray area retirees and Army surviving spouses residing in California, Nevada, Wisconsin, Michigan, Minnesota, Iowa and the 32 northern most counties of Illinois. Two separate issues are printed, a West Coast issue for residents of California and Nevada, and a Midwest issue for residents of Wisconsin, Michigan, Minnesota, Iowa and Illinois. Both issues are also available on the Retirement Services Office website. You can visit this site at, www.mccoy.army.mil, then select Retirees and then Retirement Services Office. This website also offers additional information on many other retiree issues. It includes links to all the services retiree newsletters and much more. Please utilize this site and share it with retirees



www.mccoy.army.mil



Articles for this newsletter do not necessarily reflect the position of the Department of the Army, or Fort McCoy, WI. We do our best to ensure accuracy. The material in this newsletter was provided by a number of sources.

The Retirement Services Office (RSO) publishes the Retirement Services Newsletter in accordance with AR 600-8-7.

The RSO is located in Bldg. 2111, Fort McCoy, WI. We suggest that you call for an appointment prior to visiting the office.

You can contact us at: 1-800-452-0923 or e-mail: william.walters@emh2.mccoy.army.mil.

The mailing address is; Military Personnel Division ATTN: AFRC-FM-CAM-R 2187 South J Street Fort McCoy, WI 54656-5150



The purpose is to assist retired military personnel and their families in their benefits, rights and privileges.

Editor: Bill Walters

Honors Update

How Do I Change My Mailing Address for HONORS? *******

Mailing addresses for *HONORS* come from the same sources as those for Army Echoes. Please refer to the following if you need to change your address:

 Retirees entitled to retired pay should mail changes to DFAS, US Military Retirement Pay, PO Box 7130, London, KY 40742-7130 or fax to 1-800-982-6559.

- Surviving spouses in receipt of SBP should mail changes to DFAS, US Military Annuitant Pay, PO Box 7131, London, KY 40742-7131 or fax to 1-800-982-8459.
- ◆ Retired reservist not yet age 60 should mail your change to Commander AR-PERSCOM, ATTN: ARPC-PSP-A, One Reserve Way, St. Louis, MO 63132-5200 or fax to 1-314-592-0582 (ATTN: TLM9V49).

Long Term Healthcare Insurance

The Federal Long Term Care Insurance Program has announced the open season preliminary results. Long Term Care Partners, LLC, a joint partnership formed by John Hancock Life Insurance Company and Metropolitan Life Insurance Company, announced that 265,000 members of the "Federal Family" have applied for insurance under the program during the initial open season ending December 31, 2002. The program is sponsored by the U.S. Office of Personnel Management (OPM).



The program offers voluntary long-term care insurance to Federal employees and annuitants, active and retired members of the uniformed services, their spouses, as well as other qualified relatives. A web site for the program, www.ltcfeds.com, offers online applications, an interactive calculator to provide customized price quotes based on age and choice of benefits, and educational resources. Information may also be obtained by calling **1-800-582-3337.**

Disability Offset Eliminated for Small Number of Retirees



The FY 2003 Defense Authorization Act eliminated the disability offset to retired pay for a small number of retirees. The law that became effective June 1, 2003 eliminated the offset to retired pay for those retirees with at least 20 years of active duty and:

- Any disability rating (at least 10%) that is associated with a Purple Heart or
- ◆ A disability rating of 60% of higher that is due to a combat related or combat operations-related disability.

The new payment is expected to be available to approximately 10,000 to 35,000 of the more than 600,000 (or 1.5% - 5%) retirees now entitled to receive disability compensation. Eligible

retirees will have to apply for this new compensation. Applications (DD2860) are available at, www.dior.whs.mil/forms.DD2860.pdf or www.defenselink.mil/prhome/crsc.html. If you do not have a computer you may refer to your local library or call your servicing Retirement Services Officer (RSO) to request a form.

Each Uniformed Service will review the applications of their own retirees, with the Department of the Navy reviewing applications for both the Navy and Marine Corps. Services may be contacted at the following toll-free numbers:

- + Army 1-866-281-3254
- ◆ Navy and USMC 1-877-366-2772
- ◆ USAF 1-866-29-7074



Information

At Your Fingertips ************************



Fort McCoy Retirement		TRICARE Senior Pharmacy	1-877-363-6337
Service Office	1-800-452-0923	USSAH	1-800-422-9988
DA Casualty Assistance Office	1-800-626-3317	(Soldiers' & Airmen's Home)	
(To report the death of a retiree)		VA Regional Office	1-800-827-1000
Deers Verification	1-800-538-9552	(VA benefit issues)	
(Update I.D. records)		Federal Long Term Care Insuran	ce 1-800-582-3337
Defense Finance &		Military Retired Affairs Offices	
Accounting Office	1-800-321-1080	Army	1-703-325-9155
(Retired & annuitant pay issues)		Navý	1-800-255-8950
AR-Perscom	1-800-318-5298	Marine Corps	1-800-336-4649
(Gray area retiree issues)		Air Force	1-800-531-7502
VA Burial Information	1-800-697-6947	Army Recreation Centers	
Medicare Information	1-800-772-1213	Hale Koa Hotel, Hawaii	1-800-367-6027
TRICARE World Wide Information	1-800-874-2273		11-49-8051-803170
Delta Dental	1-800-838-8737		011-49-8821-79091
(Retiree Dental Program)	1-000-030-0737	Dragon Hill, Korea Shades of Green, Florida	011-822-790-0016 1-407-824-3600
Express Scripts	1-866-363-8667	onades of Green, Horida	1 407 024-0000
Expicas adilpts	1-000-0007		



DA Retirement Services

(Mail Order Pharmacy)

http://www.odcsper.army.mil

Fort McCoy Homepage

http://www.mccoy.army.mil

DFAS-Cleveland (Retired Pay) &

DFAS-Denver (Annuitant Pay)

http://www.dfas.mil

Veterans Administration

http://www.va.gov

Military Funeral Honors

http://www.militaryfuneralhonors.osd.mil

Burial & Memorial Benefits

http://www.cem.va.gov

DOD Military Health Care

System (TRICARE)

http://www.tricare.osd.mil

Delta Dental Plan

http://www.trdp.org

Express Scripts (Mail Order Pharmacy)

http://www.express-scripts.com

Federal Long Term Care Insurance

http://www.ltcfeds.com

Medicare

http://www.ssa.gov/mediinfo.htm

Social Security

http://www.ssa.gov

National Personnel Records Center

http://www.nara.gov/regional/stlouis.html

National Archives and Records Administration

http://www.nara.gov

Army & Air Force Exchange Service

http://aafes.com

RAPIDS Site Locator (DEERS Enrollment

& ID Card Issuing Facilities)

http://www.dmdc.osd.mil/rsl

SITES Home Page

(Information about military installations)

http://www.dmdc.osd.mil/sites/owa/ShowPage?p=index

Military Living Publications

(Includes Space A Travel Information)

http://www.militaryliving.com

U.S. Army Reserve Personnel Command

https://www.2xcitizen.usar.army.mil



TRICARE Continues to be a #1 Discussion Among Retirees

It is very important that you understand the basics on which plan is available to you and how to best utilize your TRICARE benefits. This article is intended to help you understand the basic options available to you and to provide you with the resources so that you can correctly address your questions. It is not intended to answer all your questions.

The first thing you need to understand is the difference between TRICARE and TRICARE For Life (TFL).

TRICARE is the DOD health care program for members of the military service and their family members and survivors, and retired members and their families. TRICARE brings together the health care resources at Military Treatment Facilities (MTFs) and supplements them with networks of civilian health care professionals. Eligible beneficiaries are active duty and retired service members, their spouses and certain other family members. Additionally, Medal of Honor recipients and their family members and some unremarried former spouses of retirees may be eligible. Coverage under TRICARE continues until a beneficiary attains Medicare eligibility on the basis of age. Those beneficiaries under age 65 who are entitled to Medicare Part A because of disability and are enrolled in Part B retain their eligibility for TRICARE until they turn 65, when they become only eligible for TRICARE For Life. It is important to note that ALL eligible TRICARE beneficiaries must be registered in the Defense Enrollment Eligibility Reporting System (DEERS).

TRICARE offers a triple-option health care plan:

◆ TRICARE Prime is the managed care option similar to a HMO. It integrates military and civilian health care into a single health care system. Prime requires a one-year enrollment and a selection of a Primary Care Manager to provide or arrange for your health care needs. Although you are responsible for a small enrollment fee (\$230.00 single or \$460.00 family per year) it is probably the most cost effective of the options. Please note that Prime is available only in those areas where medical providers have agreed to participate in the program.

Need
Information?
Call:
TRICARE at:
1-888-DOD-LIFE
(1-888-363-5433)

- ◆ TRICARE Standard is a fee-for-service option that is the same as the former CHAMPUS benefit. It offers the greatest choice of providers, but usually at a higher cost. Beneficiaries are responsible for a deductible, plus a percentage of allowable charges but are not required to pay an enrollment fee as an enrollment is not required.
- ◆ TRICARE Extra is similar to Standard but offers discounts to patients when using network (preferred) providers. This option allows beneficiaries to receive care from civilian network providers at a reduced cost compared to Standard. You may use

a combination of Extra and Standard at any time, depending on whether you choose providers inside or outside the network. Enrollment is not required.

There are a number of resources available to obtain more information on the TRICARE program. You can contact the DOD Worldwide TRICARE Information Center at 1-800-874-2273 or the TFL customer service line at 1-888-363-5433. You can also visit the TRICARE website at www.tricare.osd.mil. Regional information is available by calling your regional TRICARE service center. California residents can call 1-800-242-6788, Minnesota, lowa and Nevada residents can call 1-888-874-9378 and Wisconsin, Michigan and Illinois residents should call 1-800-941-4501. TRICARE handbooks dated September 2002 are now available upon request. You can obtain a copy of the handbook at any Military Treatment Facility, call 1-888-999-5195 to request a copy or by going online at www.tircare.osd.mil/TricareHandbook.

TRICARE For Life (TFL) is for those TRICARE beneficiaries that are entitled to Medicare Part A upon attaining the age of 65 and have purchased Medicare Part B. There is no break in TRICARE coverage experienced between TRICARE and TRICARE For Life. The only change is that TRICARE For Life will pay secondary to Medicare, beginning the first day of the month that the beneficiary turns 65. There are no enrollment fees for TFL. Beneficiaries are required to purchase Medicare Part B and MUST pay the appropriate Medicare Part B monthly premiums. Beneficiaries may check with the Social Security Administration online at www.ssa.gov or call 1-800-772-1213 for more information about enrolling in Medicare part B and monthly premiums that may apply.



TFL acts as a second payer to Medicare and in most cases will pay the remaining beneficiary liability. Unlike Medicare, TFL will also pay for overseas allowable care. When so, TFL will pay the same as for TRICARE Standard beneficiaries under age 65 and beneficiaries will be responsible for the TRICARE Standard fiscal year deductible and cost shares. One important fact is that TFL will not pay for chiropractic services. In such cases Medicare will pay as usual but TFL will make no payment and beneficiaries may be responsible for Medicare co-insurance and deductibles.

For more information on TFL you should call **1-888-363-5433** or visit the TRICARE website at **www.tricare.osd.mil/tfl.**

TRICARE Pharmacy benefits are excellent under both TRICARE and TRICARE For Life. With both programs TRICARE beneficiaries have three options for filling their prescriptions. They can use a military treatment facility (MTF), a TRICARE retail network pharmacy, or the TRICARE Mail Order Pharmacy (TMOP).

As always prescriptions filled at a MTF are at no cost to the beneficiary.

For those covered medications that are needed short term, the TRICARE retail network (most local pharmacies) offers up to a 30-day supply for \$3.00 (generic) or \$9.00 (brand name).

TMOP offers convenience at a reduced cost. You can fill prescriptions by mail and order refills by mail, phone or online. Your cost for orders up to a 90-day supply are only \$3.00 (generic) or \$9.00 (brand name).

For more information on the TRICARE Mail Order Pharmacy program or to obtain mail order registration form you can contact **1-866-363-8667** or visit their website at **www.express-scripts.com.** To inquire on MTF or network pharmacy procedures contact your nearest MTF or regional TRICARE service representative listed earlier in this article.

TRICARE for Standardized Materials and Research Technology (SMART) is an online collection of the latest and most relevant TRICARE marketing materials, including publications to inform beneficiaries about TRICARE's full range of programs and services. The TRICARE SMART Site is designed to provide beneficiaries with quick and easy access to the TRICARE publications and other informational materials they need. For more information visit the TRICARE SMART site at www.tricare.osd.mil/smart/index.cfm or call 1-703-681-1770.

TRICARE Fundamentals:

- All beneficiaries must be enrolled in the Defense Enrollment Eligibility System (DEERS). You can check your eligibility by calling 1-800-538-9552 or 1-800-334-4162 for California residents. You can also call your nearest military I.D. card facility listed in this issue.
- ◆ TRICARE/TFL is always a last payer to any other health insurance (OHI). If you have a supplement (Medicare or TRICARE) or employer-sponsored medical coverage you may still use TRICARE/TFL but by law, TRICARE/TFL will only pay after all coverage's have paid.
- Beneficiaries who decide to cancel or suspend their OHI must notify the TRICARE/TFL processor in their region.
 A list of claims processors is available online at www.tricare.osd.mil/main/chart.html or call your regional service representative.

Korean Defense Medal Authorized

The 2003 Defense Authorization Act, which was signed into law by President Bush on December 2, 2002, calls for the creation of a Korean Defense Medal. This comes as a result of a Congressional suggestion years ago that the Pentagon had refused to do so, stating that a specific medal was necessary for peace time service in Korea.

The Department of Defense has stated that it will need up to a year to create and distribute the medal because of the length and time it will take to identify, and award the medal to those who are eligible. Please be patient.

DOD Considering High-Tech Bugle for Military Funeral Honors

The Department of Defense is studying the use of a "digitized bugle" to render taps at veteran's funerals. The test centers around an actual bugle that has an electronic device inserted into its bell. The device has a volume control and is powered by two nine-volt batteries. It is water-resistant and usable in all types of weather. In normal use the audience cannot see the device and if it is removed the bugle becomes standard issue. The "digitized bugle" is not intended to replace trained buglers, but it offers an alternative to the audiotapes and compact discs that are currently being used at many military funerals. DOD has shipped 50 of these bugles to military units and veterans groups in Missouri for the testing.



Space Available Travel

DOD Testing Space A Air Travel in CONUS to Military Families



A one-year test started April 1, 2003 that permits space available travel within the continental United States by family members who accompany their military sponsors. Family members of active-duty members and military retirees are eligible. Previously dependents were restricted to OCONUS space available travel only. Family members travel priority during the test period is the same as the sponsor's. The test will end March 31, 2004.

People not familiar with the Space A system often do not know the questions to ask to make travel easier. The following are some of the most common Space A questions and answers.

Q1: Is Space A a reasonable substitute for commercial travel?

A1: This depends on you. If your schedule is flexible and your finances permit for a stay while awaiting movement, space available travel is a good choice.

Q2: As a Retiree, where can I fly?

A2: Retired members with DD Form 2 (blue) identification card may fly anywhere Air Mobility Command (AMC) has flights operating, including the CONUS.

Q3: Can my eligible family members travel with another sponsor if given power of attorney?

A3: No. Family members may only travel when accompanied by their sponsor.

Q4: I am disabled. Can I have a brother, sister, or friend accompany me to help me?

A4: The only persons permitted to accompany you are your dependents or other persons eligible for Space A travel.

Q5: How much baggage can I take?

A5: You may check two pieces of luggage at 70 pounds per each person. You may hand carry only what fits under your seat or in the overhead compartment, if available.

Q6 How much does Space A travel cost?

A6: Usually, nothing. Some terminals must collect a head tax or a federal inspection fee from Space A passengers on commercial contract missions. Meals may be purchased at a nominal fee in most air terminals while traveling on military aircraft.

Q7: Are facilities available at AMC terminals (PX, snack bar, etc)?

A7: Most military terminals provide similar facilities to that of commercial airports. Facilities include exchanges, barbershops, snack bars, baggage lockers or rooms, lounges and traveler assistance. The type of facilities available will vary according to the terminal size and location.

Q8: How do I get more information on Space A travel?

A8: It is encouraged that you contact the passenger terminal you plan on traveling through 30-60 days before travel. The terminal will be happy to discuss their flight schedule. Additional Space A travel and sign-up information is available through the AMC public web site at, http://public.scott.af.mil/index.html (click on Space A Travel). There are also a number of excellent publications that provide detailed Space A information available at most Post Exchanges.

Looking for an Old Army Buddy?

The U.S. Army no longer provides a locator service for military retirees. It is suggested that you contact units holding reunions, Army Times, or one of the locator services available through the internet.







To better serve the retired community we would like your opinion on the services provided by the Fort McCoy Retirement Services Office. Please take a few minutes to complete and return this survey. Mail your completed survey to: Military Personnel Division, ATTN: AFRC-FM-CAM-R, 2187 South J Street, Fort McCoy, WI 54656-5150 no later than 30 October 2003. Thank you for your time and cooperation.

1. How would you rate this edition of the Retirement Newsletter, " HONORS"? For each of the following items please rate the Newsletter using the scale below.

1-Poor	2-Margir	nal	3-Avera	age	4	-Goo	od		5	-Ехс	ellent				
How o	loes the Newsle	tter rate o	n												
	★ providing you			ation?			1	2	3	4	5				
	★ being a credib		•				1		3	-	-				
	★ keeping abrea						1	2	3	4					
	★ responding to						1	2	3	4	5				
	★ overall appear						1	2	3	4	5				
3. Ha	ve you contacte	d the Retir	rement Sei									se rat	e your	exper	ience
How o	lid your experie														
	★ response to re	quested info	rmation?			2									
	★ courtesy?					2									
	★ timeliness?				1	2	3	4	5						
4. Ple	ase circle your	status.	Retiree		Spouse		V	Vido	w/V	Vido	ower				
5. Ple	ase circle your	age group													
Under	35 36-44	45-54	55-64	65-74	75 and	love	r								
6. Wł	nat changes wo	ould you li	ke to see	in futu	re issues	of	"HC	ONC	ORS	"?					



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Iddaladdhaddalladdaldadaladladl

Fort McCoy Has It All!

Community Activity Center, Bldg 2000

Recreation Center, 388-3213

There's always something to do at the Recreation Center! Watch the big screen TV, play arcade games, ping-pong, pool, or foosball. Rent one of the hundreds of movie titles, and a TV, VCR, or DVD player if necessary! We also have PlayStation 2 and Xbox systems, plus games for rent.

Information, Tickets, and Reservation (ITR) Office, 388-3213 The ITR office sells discounted tickets to local and national attractions including Disney World, Sea World, Noah's Ark, and much more. Area and attraction guides are also available to help plan your vacation destination. The Recreation Center is also an Armed Forces Vacation Club (AFVC) and Armed Forces Recreation Center (AFRC) outlet. The AFVC is a "space available program" that offers condominium vacations at resorts for only \$249 per unit per week. The AFRC resorts in Florida, Germany, Hawaii, and Korea are operated by the U.S. Army Community and Family Support Center; all ideal vacation destinations. When planning your next getaway see the ITR Office for affordable travel and vacation opportunities at competitive prices.

Library, 388-2410

Check out the large selection of paperbacks, hardcover, or audio books. Access to the Winding Rivers Library Loan and Inter-library Loan Program gives you up-to-date books by request. If you have a book you've read, bring it in and get a new one at the "paperback exchange." Ten computers with Internet access are also available.

Arts and Crafts Center, 388-4353

Spend time getting to know your creative side! Learn stained glass, basket weaving, painting, leather, doll making, and much more in our Arts & Crafts classes. Call for class types and times, as well as open studio times. The Frame Shoppe offers custom framing and matting, a gift shop and sales store.

Auto Craft Shop, Bldg 1763, 388-3013

Keep your vehicle in great working condition and save money. Use any of the 8 bays (2 fully equipped maintenance bays, 1 welding bay, 4 lift bays, and 1 tire changing bay with computerized balancing), front end alignment system, computerized injector cleaning system, air conditioning service, tire mounting, and brake lathe. Auto repair manuals and sales store are also available.

MWR Car Wash, Bldg 1568

Keep your vehicle looking new with one of the two self-service bays, 24-hour car wash with automatic door openers, spot free rinse, free dryers and a canopy detailing area. Four vacuums and an Armor All dispenser are on site. Tokens can be purchased at the Community Activity Center (Building 2000) or quarters are accepted (a change machine is on site).



Rumpel Fitness Center, Bldg 1122, 388-2290

Don't be intimidated; this is the ideal place to remain fit for life! The fitness center offers a cardio theatre, weight room, indoor pool, atrium, steam room, and whirlpool. Also available are racquetball courts, fitness trails, basketball and volleyball courts, and running courses. Weekly fitness classes include floor and water aerobics, judo, and spinning. Swim lessons and sports leagues/tournaments are held throughout the year. Work with a personal trainer to set up a program that will be just right for you.

Army Community Service (ACS), Bldg 2111, 388-3505

Got some time to share? ACS needs your help. There is a constant need for volunteers for family related programs. Needs include office help, working with children, and everything in between. To volunteer your time and energy please call today.

Drug Abuse Prevention and Control Program, Bldg 2111, 388-2441

The U.S. Army's Alcohol and Drug Abuse Prevention and Control Program (ADAPCP) is designed to address the needs of soldiers, civilians, retirees, and family members. The program is completely confidential and non-punitive.

McCoy's, Bldg 1571, 388-2065

McCoy's has all you need for a fun time! The bowling center boasts an eight-lane state-of-the-art alley. Keep that golf swing up to par with our full-swing golf simulator, with 39 different courses to choose from. Primo's Express serves an all-you-can-eat Italian lunch buffet, weekdays 11am - 1pm. Play NTN trivia, pool, or arcade games. Enjoy a cold beverage at the bar or visit our newly added outdoor courtyard during the summer months. Be sure to watch your favorite sports team on our large screen TVs...it's almost like being there. Banquet and meeting facilities are available for receptions, retirements, and parties, with catering available.

Whitetail Ridge Ski Area, Bldg 8061, 388-4498 Whitetail Ridge Ski Area offers lighted downhill ski and tubing slopes with ski lift and tow, cross-country ski trails, ski and snowboard rental, ski accessory sales, ski lessons, and a nationally recognized ski patrol on duty. Open mid-December through mid-March (weather permitting), Thursday through Sunday.



Whitetail Ridge Chalet, Bldg 8061, 388-2260 Looking for a calming place to unwind? Visit the Chalet year round Thursday - Saturday evenings relaxing by the fireplace while enjoying the full service bar and an appetizer, specialty sandwich, or pizza. Or get motivated and play a game of horseshoes or volleyball during the summer months or sit back on the deck and watch from above. The Chalet is available for private parties or meetings. Enjoy the quiet atmosphere with a beautiful view.

Pine View Campground, Bldg 8053, 388-3517
Enjoy the outdoor experience at Pine View Campground.
Open year round, Pine View offers RV and tent camping, lakeside log cabins, a duplex lodging unit, yurts, camp store, hiking trails, swimming beach, playgrounds, shelters for gettogethers, and a miniature golf course. Military retirees receive discounted pricing. Call to reserve camping, lodging, and picnic shelters.

Equipment Check-Out Center, Bldg 8053, 388-2619The Check-Out Center offers recreational equipment for daily or weekly use. Rent items including boats, motors, canoes, bicycles, tent campers, tents, camping and fishing equipment, lawn and court games, party canopies, and much, much more. Plus, military retirees receive discounted pricing. Equipment may be reserved.



Lodging - Bldg 2168, 388-2107

Wake up to a fresh cup of coffee on us! Open 24 hours a day, 7 days a week, Fort McCoy Lodging offers comfortable rooms at reasonable rates. Each room contains keycard access, an information director, air-conditioning, cable TV, a micro fridge, comfortable furniture, coffee pot with cups and condiments, clock/radio alarm, iron/ironing board, shampoo/lotion, shoeshine mitt, hair dryer, storage area with a laundry bag, and a laundry facility. Call 1-800-982-3585, extension 2107 or 3646 for reservations.

For more information regarding MWR facilities, please call the MWR Events Line at 1-877-864-4969 or log on to www.mccoymwr.com.

Let Sato Plan Your Complete Vacation

Sato Travel appreciates and recognizes the military retired community. You've faithfully served our country and now we want to return the favor by offering special pricing to you for your years of service and dedication. To show our appreciation, the Fort McCoy Sato office will be participating in the Fort McCoy Retiree Appreciation Day on September 5, 2003. At our booth, you will have the opportunity to register for the chance to win a \$100.00 rental car voucher and a chance to be entered in the Grand Prize Drawing - A Weekend for Two in New York City!! This prize is valued at \$4,500.00. Don't miss your opportunity to check out our special rates and the chance to win one of the fantastic prizes. Be sure to stop and register at our booth on September 5.

Sato offers fantastic prices on major cruise lines and quality tours. Carnival Cruise Line is currently offering affordable cruise vacations full of activities, scrumptious meals, casinos and Vegas-style shows. Enjoy everything from Three-day Bahamas cruises starting at \$219.00 to a Fourteen-day Panama Canal cruise starting from \$749.00. Holland America Cruise Line has been voted the "best value" in the cruise line industry 10 years straight and has many fantastic cruises to choose from. They can send you on a Seven-day Western Caribbean cruise for as little as \$399.00 or a Seven-day Alaska Glacier Discovery cruise starting at \$799.00. Enjoy "Freestyle Cruising", the convenience of dining when you want, with whom you want and in formal or casual dress when vacationing with Norwegian Cruise Lines. They offer a wide selec-

tion of cruises departing from U.S. ports such as New York, Baltimore, Orlando, Honolulu and more. With 13 U.S. and Canadian ports to choose from, your family can drive to the departure port and won't need to spend a dime on airfare. All rates listed are cruise only, per person and based on double occupancy.

Super Clubs offers incredible retiree military discounts at their "Super" All-Inclusive resorts in Jamaica, Brazil, the Bahamas, Curacao and the Dominican Republic. One price includes everything. Rates start as low as \$69.00 per night for the Dominican Republic.

If tours are for you, Blue Sky Tours offer many custom designed vacations to Hawaii paradise, while Trafalgar Tours has many tours throughout the U.S. and abroad. Complete vacation packages are designed for you with no unwelcome surprises and plenty of time to explore on your own.

Sato offers complete vacation planning services for military retirees. In addition to those already mentioned we also offer discount packages on Royal Caribbean Cruise Line, Celebrity Cruise Line and Antigua Resorts and more. So before calling anyone else, be sure to contact Sato Travel, Fort McCoy office at **1-608-366-1060** or toll fee at **1-877-304-8456** to take advantage of our prices and expertise. You can also check out our website at **www.satovacations.com.** We look forward to hearing from you!



I.D. Card Facilities/DEERS

Illinois			
Site Name	City	Service	Phone
182 MSS	Peoria	ANG	309-633-5181
183 MSS	Springfield	ANG	217-757-1308
308 CA BDE	Homewood	USAR	708-957-2035
416 ENCOM	Darien	USAR	630-910-3213 x213
633rd Personnel Det	Crestwood	ARNG	708-824-6309
85th Division	Arlington Hts	USAR	847-506-7616
932 AAG	Scott AFB	USAFR	618-229-7329
AG HQ State	Springfield	ARNG	217-761-3505
Great Lakes NTC	Great Lakes	USN	847-688-5550 x385
MCR Joliet	Joliet	USMCR	815-725-7828
NMCRC Peoria	Peoria	USNR	309-697-5755
NMCRC Rock Island	Rock Island	USNR	309-782-6084
NRC	Decatur	USNR	217-875-1733
NRC Forest Park	Forest Park	USNR	708-771-7010 x104
NRRC Great Lakes	Great Lakes	USNR	847-688-5550
RTC Great Lakes	Great Lakes	USN	847-688-5605
Rock Island Arsenal	Rock Island	USA	309-782-0596
Scott AFB	Scott AFB	USAF	618-256-8897
lowa			
Site Name	City	Service	Phone
132 MSS	Des Moines	ANG	515-256-8530
185 MSF Sgt Bluff	Sgt Bluff	USAFR	712-233-0534
3d COSCOM	Des Moines	USAR	515-284-6028
AG HQ State	Johnston	ARNG	515-252-4413
Det 1 4224 USAH	Cedar Rapids	USAR	319-362-6620
HQ 234th SIG BN	Cedar Rapids	ARNG	319-363-4511
NMCRC	Des Moines	USNR	515-285-5581
NMCRC Waterloo	Waterloo	USN	319-233-8731
NRC Dubuque	Dubuque	USNR	319-556-2144
NRC Sioux City	Sioux City	USNR	712-276-0130
USCG Keokuk	Keokuk	USCG	319-524-7511
Michigan			
Site Name	City	Service	Phone
1/84th Division	Livonia	USAR	734-458-6400
110 MSS Battle Creek	Battle Creek	ANG	616-969-3216
127 MSS Selfridge ANGB	Mt Clemens	ANG	810-307-4516
300th MP CMD PW	Inkster	USAR	313-561-9510
927th MSS	Mt Clemens	AFR	586-307-5473
AG HQ State	Lansing	ARNG	517-702-5116
CRTC Alpena	Alpena	ANG	989-354-6474
Camp Grayling	Grayling	ARNG	989-344-6100
Defence Reutilization Service	Battle Creek	DLA	269-961-5955
NMCRC Battle Creek	Battle Creek	USNR	616-968-9216
NMCRC Grand Rapids	Grand Rapids	USNR	616-363-6889
NMCDC Lancing	Lancina	LICNID	E17.402.0400

Lansing

Gwinn

Saginaw

USNR

USNR

USNR

517-482-9688

989-754-3091

906-346-8767



NMCRC Lansing

NRC Saginaw

NRF Marquette

Michigan (continued)			
Site Name	City	Service	Phone
Tank Auto Command	Warren	USA	810-574-8313
USCG Air Station Traverse City	Traverse City	USCG	231-922-8228
USCG Detroit	Detroit	USCG	313-568-9483
USCG Grand Haven	Grand Haven	USCG	616-850-2517
USCG Sault Ste Marie	Sault Ste Marie	USCG	906-635-3206
Minnesota			
Site Name	City	Service	Phone
133 MSS	St Paul	ANG	612-713-2061
148 MSS	Duluth	ANG	218-723-7212
88th RSC Ft Snelling	St Paul	USAR	612-713-3202
934 MSF	Minneapolis	USAFR	612-713-1507
AG HQ State	St Paul	ARNG	651-282-4579
Camp Ripley	Little Falls	ARNG	320-632-7400
HHD 320 Maint Bn	Arden Hills	USAR	651-628-2149
NRC Duluth	Duluth	USNR	218-722-9209
Wisconsin			
Site Name	City	Service	Phone
115 MSS	Madison	ANG	608-245-4468
128th AFG	Milwaukee	ANG	414-944-8735
440 CSG G. Mitchell	Milwaukee	AFR	414-482-5327
84th Division Milwaukee	Milwaukee	USAR	414-535-5746
AG HQ State	Madison	ARNG	608-242-3420
CRTC Volk Field	Volk Field	ANG	608-427-1245
Fort McCoy	Fort McCoy	USA	608-388-4563
NMCRC Green Bay	Green Bay	USNR	920-336-2444
NMCRC Madison	Madison	USNR	608-249-2240
NMCRC Milwaukee	Milwaukee	USNR	414-744-9764
NRC LaCrosse	LaCrosse	USNR	608-788-2565
USCG PRO	Marinette	USCG	715-735-4109
Wausau National Guard Armory	Wausau	ARNG	715-845-1011

Midwest Retiree Councils

Retiree Councils serve as a vital link for the retiree community. These councils provide an avenue for suggestions and recommendations to reach the proper level in the chain of command. The councils also plan and implement programs/Retiree Appreciation Days to provide up to date information on benefits and entitlements to the retired community. Retiree councils are made up of volunteers from their local areas. As volunteers, council members often do not receive the thanks they deserve. Contact your nearest council representative to express your appreciation and inquire on meeting schedules as well as possible membership opportunities.

Midwest Councils are listed below:

	Chairman	Phone
Fort McCoy Main Council	William Levine <i>MG, USA Ret</i>	847-432-3211
Twin Cities Area Council	Tom Alm LTC, USA Ret	651-699-1105
Duluth/Superior Area		
Council	Robert Gomes MSGT, USAF Ret	218-749-7110
Sheridan Area Council	Charles Lucas COL, USA Ret	847-266-2475
Michigan Area Council	Walter Melms SSG, USAF Ret	810-307-4317
Quad Cities Area Council	James McAtee CW4, USA Ret	319-322-4823





IRADS

RETIREE APPRECIATION DAYS



Selfridge ANG Base, Michigan

August 23, 2003 0700-1500 Gymnasium, Bldg 780 1-586-307-5580 selfrao@greatlakes.net Pre-registration is required-form included



Camp Ripley - Little Falls, Minnesota

August 23, 2003 Training/Community Center 0730-1200 (1st session) and 1230-1700 (2nd session) 1-320-255-1492 trea115@aol.com

Pre-registration is required-Call for registration info



Fort McCoy, Wisconsin

September 5, 2003 0715-1500

1-800-452-0923 william.walters@emh2.mccoy. army.mil

Pre-registration is required-form included



Duluth Minnesota

September 18, 2003 Cloquet Armory 0800-1300 **1-218-749-7110**

GomesR@co.st-louis.mn.us

Pre-registration is required-form included



Twin Cities, Minnesota

September 19, 2003 Rosemount National Guard Armory 0800-1220 (1st session) and 1600-2020 (2nd session)

1-612-713-1578

Pre-registration is required-form included



Great Lakes, Illinois

September 20, 2003 Bldg 4, NTC Great Lakes Call for Details

1-847-688-3603/Ext 118



Rock Island, Illinois

October 23, 2003 Rock Island Army Arsenal, Bldg 60 0700-1300

1-563-322-4823

Pre-registration is required-form included

Wisconsin Offers "Supermarket of Veterans' Benefits" Events

State veterans and retirees are invited to "shop" at Supermarket of Veterans Benefits events (fair). These fairs offer former service members and their families information on veterans benefits just like shopping at a supermarket. Veterans can learn about benefits, apply for VA medical health care, and even apply for medals they may never have been awarded.

Since November 2000, the Wisconsin Department of Veterans Affairs (WDVA) has sponsored the supermarkets in Eau Claire, Racine, Madison, Green Bay, and twice in Milwaukee. The supermarkets began when the WDVA launched its "I Owe You" campaign to increase veterans' awareness of the benefits they have earned. The outreach program has

resulted in almost a 10% increase, or approximately \$37 million, in the amount of federal revenue for compensation and pension awards to Wisconsin veterans and over a 28% increase in the number of active claims coordinated by all state service officers in 2002.

To learn more about future supermarkets, call WDVA at **1-800-947-8387** or visit their website at **www.dva.state.wi.us.** If you or someone you know would like to receive the free quarterly newsletter, "WDVA Update", please send your name and address to; Julie Van Metre, WDVA, PO Box 7843, Madison, WI 53707-7843.



Delta Dental Awarded New Contract

Delta Dental Plan of California has again been chosen to administer the TRICARE Retiree Dental Program (TDRP) contract through April 2008. The TDRP is the premier dental benefits plan created by Congress especially for Uniformed Services retirees and their family members. The program includes coverage for the most commonly needed and sought-after dental services with the full scope of comprehensive benefits available after only 12 months. It offers affordable monthly premiums deducted directly from Uniformed Services retired pay. The new contract includes some enhanced features designed to help retired families save even more on dental care. As of May 1, 2003 these changes included an increase in annual maximum

from \$1,000 to \$1,200, a family deductible cap of \$150, an increase in lifetime orthodontic maximum from \$1,000 to \$1,200, and an expanded participating provider network to over 67,000 locations and more.

Additional information is available by calling Delta Dental toll free at **1-866-471-8949** or by visiting their website at **www.trdp.org**.

Rock Island Morale Welfare and Recreation

Rock Island Arsenal Morale, Welfare and Recreation (MWR) has many programs available to support the military retired community. MWR provides retirees with a varied program of leisure activities that contribute to total quality of life. The MWR Department offers a vast array of recreational opportunities including an outdoor rental center, tickets and travel office and much more.

For more information on MWR opportunities call the Marketing and Commercial Sponsorship Office at 1-309-782-4420, email at riamwr@ria.army.mil or visit their web site at www.riamwr.com.

If you would like to be added to the MWR mailing list please mail your name and address to, Rock Island Arsenal, 1 Rock Island Arsenal, ATTN: SOSRI-CFB (Marketing Dept.), Rock Island, IL, 61299-5000.

Iowa Commission of Veteran Affairs

The Iowa Commission of Veteran Affairs (ICVA) is an office of advocacy for veterans working with the legislature to promote veterans issues. The objective of the ICVA is to serve Iowa's veterans in the best manner possible. The ICVA can assist with obtaining military records, applying for veteran's license plates, burial & headstone/marker information, VA medical health care and more. To learn more about the ICVA you can call 1-515-242-5331 or visit their website at www.state.ia.us/icva.

Preparing for Social Security

If you are approaching age 62 and will be applying for Social Security benefits you need to be prepared. There are a few basic things you should know. First, you may apply for benefits up to 3 months prior to your 62nd birthday. Next, you should call the Social Security Administration Office for an appointment and information regarding your application. Don't forget that your application cannot be processed without all of your DD 214's or verification of military service. Prepare now, if you do not have your military information you may request copies from: National Personnel Records Center, ATTN: Army Reference Branch, 9700 Page Avenue, St. Louis, MO 63132-5100. You can also visit their website at www.nara.gov/regional. Obtaining records does take time-start early.

You can contact the Social Security Administration at **1-800-772-1213** or visit their website at **www.ssa.gov** for more information.



Fort McCoy Retiree Appreciation Day



Registration Form

September 5, 2003 * McCoy's, Bldg 1571

0715-0750	Arrival of Retirees & Guests
0750-1200	Keynote Speaker & other briefings
1215-1315	Lunch
1200-1500	Benefits Fair, Bldg 1122, Rumple Fitness Center
1430	Drawing for Grand Door Prize — Must be Present to Win
	9

Keynote Speaker: LTG John A. Dubia, USA Ret

Co-Chairman, Chief of Staff, U.S. Army Retiree Council

Please complete and mail this registration early. Return before August 28, 2003

Name		
Rank/Rate	Service	
Address		
Phone	E-Mail	
Total Number Attending		
I will be having lunch: YE	S NO (Circle One) Lunch will be available at McCoy's	

Mail Registration Form To:

ATTN: AFRC-FM-CAM-R 2187 South J Street Fort McCoy, WI 54656 Additional information is available at

1-800-452-0923 or

william.walters@emh2.mccoy.army.mil

New Health Benefits Advisor at Fort McCoy

Rich Rolland has been hired to fill the vacant Health Benefit Advisor (HBA) position at Fort McCoy. Rich recently retired from the USAF and has been involved with TRICARE since it's onset. HBAs are available to answer your TRICARE related questions and may assist with some claims issues. Full time HBAs are located at the Selfridge ANG Base in Michigan, Rock Island

Arsenal in Illinois and Fort McCoy in Wisconsin. In the Fort McCoy area you can reach **Rich** at **1-608-388-2246**. In the Selfridge area you can reach **Kathleen Follen** at **1-586-307-5261**. In the Rock Island area you can reach Judith Green at **1-309-782-0800**.



Rock Island Arsenal **Retiree Appreciation Day**

Registration Form

October 25, 2003 * Post Restaurant, Bldg. 60

0700-0800 Arrival, Sign In & Informational Booths 0800-1100 Keynote Speaker & other briefings Informational Booths 1100-1200

1200-1300 Lunch

Keynote Speaker: Capt Bud Schneeweis, USGG, Ret

Deputy Director, Personal Affairs, MOAA

Please complete and mail this registration early. Return before October 17, 2003

Rank/Rate _____Service ____ _____ E-Mail _____ Handicap Parking (circle one) YES NO Number Attending ______ Number for Lunch _____ \$8.50 per person (Amount Enclosed \$ _____)

Arsenal Club Make Checks Payable to:

Entrance to the island is via the Moline, IL gate. A photo I.D. is required for ALL personnel!

Mail Registration Form, Including Checks To:

CW4 Jim McAtee **USA** Ret 916 Belmont Ave Davenport, IA 52804

Illinois Department of Veterans' Affairs

The Illinois Department of Veterans' Affairs can provide assistance to veterans and their dependents and survivors in obtaining the benefits they are entitled to under the laws of the United States and the State of Illinois. There are 43 Veterans' Services Offices (VSO) located statewide to assist with applications and

information. You can visit their website at www.state.il.us/ agency/dva or contact a Veteran Service Office in your area. Your nearest VSO can be located in the phone book under County Government.



Duluth/Superior Retiree Appreciation Day

Registration Form

September 18, 2003 Cloquet Armory — Located on Highway #33 next to Mc Donalds in Cloquet, Minnesota

0800-0900 Registration & Coffee/Donuts/Welcome 0900-1300 Keynote Speaker & other briefings

No lunch will be available on site for this program. There are numerous restaurants and fast food outlets near the meeting site.

Keynote Speaker: MGySgt Ben Butler, USMC, Ret

Deputy of Legislation, NAUS

Please register early. Please return this form before September 4, 2003

Name ______ Service ______

Address _____ E-Mail ______

Number Attending ______

Please mail your registration to:

Robert Gomes 230 1st Street South, Suite 103 Virginia, MN 55792 Additional information is available by contacting Robert Gomes at 1-218-7749-1770 or from Minnesota at 1-800-450-9777 ext. 7110 or via email at GOMESRMGR@aol.com.

Duluth/Superior Retiree Council

Information and assistance on veteran's benefits, military retirement, TRICARE and other retiree issues is available in Duluth/Superior. You can reach the council chairman, **Bob Gomes**, at **1-218-749-7110** or from Minnesota at **1-800-450-9777** ext **7110** or **gomesr@co.st-louis.mn.us**. Bob is also a County Veteran Service Officer for St. Louis County, Minnesota.



Twin Cities Joint Military Services Retiree Appreciation Day

Registration Form

September 19, 2003 ★ Same Program A.M. & P.M.

34th Division HQ Auditorium Rosemount National Guard Training Center 13865 South Robert Trail Rosemount, MN

Chaiman, MN Homeland Security Senior Advisor Committee

Morning
0800-0830 Registration and Refreshments
0830-1220 Keynote Speaker & other briefings

Registration and Refreshments
1600-1630
1630-2020

Keynote Speaker:
Doyle Larson, MG, USAF, Ret

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Please register me for: Morning, September 19 or Evening, September 19 (Circle only one date)

The Rosemount Community and National Guard Training Center is located one mile north of Dakota County Highway 42 on Minnesota Highway 3 (South Robert Trail).

Additional information is available by contacting the Navy Retired Activities Office at 1-612-713-1578.

Return ASAP but Not Later Than September 12, 2003 to:

Navy Retired Activities Office Naval Air Reserve Center Minneapolis 6201 32nd Avenue South Minneapolis, MN 55450-2898.

New Minnesota Veteran License Plate Available

Minnesota veterans now have the opportunity to purchase a special license plate and simultaneously donate to the World War II Veterans' Memorial Fund. The new plates feature a prominent United States flag and the legend, "Proud to Be a Veteran." The plates may be displayed on cars, vans, pickup trucks and recreational vehicles. Applications are available at all deputy registrar locations or on the Minnesota Department of Veterans Affairs website at www.mndriveinfo.org. To be eligible you must be a veteran in receipt of an honorable discharge. There are no restrictions regarding dates of service.

For each veteran plate that is purchased a contribution will be made to the Minnesota World War II Veterans' Memorial Fund. The memorial is currently in the planning stages and will be built on the Minnesota Capitol grounds near the already completed Korean and Vietnam Memorials. More information on the memorial is available at the Minnesota Veterans Affairs website at www.mdva.state.mn.us/index.html or by contacting your County Veteran Service Office.



Selfridge ANG Base Retiree Appreciation Day

Registration Form

August 23, 2003 * Gymnasium, Bldg 780

0700-0900 Arrival, Sign In & Informational Booths 0900-1100 Keynote Speaker & other briefings

1200-1300 Lunch

1200-1500 Informational Booths

Keynote Speaker: Capt Bud Schneeweis, USGG, Ret

Deputy Director, Personal Affairs, MOAA

Please register early. Return this form before August 18, 2003. Please Print

Name	_
Rank/Rate Service	E-Mail
Address	
Phone	Handicap Parking YES NO (Circle one)
Spouse/Guests #	
Number for Continental Breakfast & Box Lunch _	at \$7.00 per person
An Evening Buffet will be served August 23, 170 Number for Buffet Dinner at \$8.50	
Total amount enclosed \$ Make checks payable to: FMCLMRBC	_ ALL MEALS TO BE PREPAID
Mail Registration Form, Including Checks To:	
(RAD 2003) Retired Affairs Office 44200 Jefferson Avenue	Additional information is available by calling 1-586-307-5580 or via E-Mail at selfrao@greatlakes.net

Michigan Department of Military & Veteran's Affairs

The Michigan Department of Military & Veterans Affairs (DMVA) has three primary missions:

Building 780, Room 17 (604)

Selfridge ANG Base, MI 48045-5263

- To execute the duties laid down by various statutes and the Governor
- Administration of state-regulated veterans services
- Military preparedness of the Michigan National Guard to assist both state and federal authorities County Veteran Service Officers (CVSOs) play a huge role in this mission. CVSOs assist veterans and dependents in providing information on federal

and state veterans' benefits. These benefits include outpatient, extended and ambulatory health care, compensation, pension, home purchase assistance, burial allowance and more. You can locate your nearest CVSO in the phone book under County Government or by visiting the DMVA website at www.michigan.gov/dmva.



Retired Casualty Assistance Services

When a retiree passes away, the next of kin should notify the Defense Finance and Accounting Service (DFAS) as soon as possible. The Retired Casualty Section at DFAS can be reached toll-free at 800-321-1080 and selecting option 2 from anywhere in the United States. DFAS will review and close the retiree's pay account. They will also mail a survivor benefits packet to the decedent's next of kin. The packet typically consists of a condolence letter and, if appropriate, forms for applying for the retiree's unpaid pay and the Survivor Benefit Plan annuity. These forms should be completed as soon as possible and returned to DFAS with a photocopy of the death certificate.

Casualty assistance offices are available to render additional assistance. This includes providing information, counseling on eligibility for various survivor benefits, referral services and any other questions you may have. Residents of Michigan, Illinois and Wisconsin can contact the Casualty Office at Fort Leonard Wood, MO by calling **1-800-350-7746**. Residents of Minnesota and lowa should contact the Fort Leavenworth, KS office at **1-913-684-3557**. You can also contact any Retirement Services Office.

Don't Forget Your Fort McCoy Commissary

The commissary benefit remains one of the more significant benefits for the military retiree community. Now you can save more than 30% on your grocery bill over local markets. Your commissary is definitely an asset not to be overlooked.

The Fort McCoy Commissary often offers in store specials. Many times these are unadvertised and unannounced. Case Lot Sales are also scheduled throughout the year. Case Lot Sales offer tremendous savings on a wide variety of quality name brand products. The commissary is trying to arrange a Case Lot Sale in conjunction with this years Retiree Appreciation Day on September 5 but at the time of this publication it is not certain if it will happen.

You can even special order your favorite items. Just contact the commissary with your order and within a week your request will be ready. So whether you're just visiting Fort McCoy or have business to attend to on the installation be sure to visit your commissary.

The Commissary is open Tuesday-Friday, 1000-1900 and Saturday 0900-1700. It is closed on Sunday and Monday. To place a special order or to find out information on future Case Lot Sales please contact the Commissary at



V.A. Home Loan Guarantees

The Veteran's Administration (V.A.) guarantees loans made to service members, veterans, Reservists and, un-remarried surviving spouses for the purchase or refinancing of homes, condominiums, and manufactured homes. The V.A. guarantees part of the total loan, permitting the purchaser to obtain a mortgage with competitive interest rate, even without a down payment if the lender agrees. The V.A. does require a down payment for the purchase of a manufactured home. A down payment is also required if the home or condominium purchase price exceeds the reasonable value of the property or the loan has a graduated payment feature. With the V.A. guaranty, the lender is protected against loss up to the amount of the guaranty if the borrower fails to repay the loan. A V.A. loan can be used to: buy a home; buy a residential

condominium; build a home; repair, alter or improve a home; refinance an existing home loan; buy a manufactured home with or without a lot; buy or improve a manufactured home lot; make home improvements; refinance an existing V.A. loan to reduce the interest rate; or refinance a manufactured home loan to acquire a lot.

To obtain more information on these loans call your V.A. Regional Office at **1-800-827-1000** or contact your local County Veteran Service Office.



ATTN: AFRC-FM-CAM-R 2187 South J. Street Ft. McCoy, Wisconsin 54656-5150 PRSRT STD US POSTAGE PAID Sparta, WI Permit No.190



Serving The Retired Military Communities of Illinois, Iowa, Michigan, Minnesota & Wisconsin

